

### **GOOD SAMPLE FULL LENGTH BIO:**

- Briefly highlight your main achievements
- Tailor your bio to fit the purpose
- Include background details that explain what lead you to this path
- Make it easy to read
- Write it in third person
- Keep it to one page maximum
- Keep it current and update with fresh credits whenever possible

## **DARREN O'HARE**

### **Biography**

Darren O'Hare is proving to be a truly versatile talent in Hollywood. Bringing his skills to the big screen twice this summer, O'Hare appears as a Church Pastor in the gritty indie drama "Beautiful Boy" starring Maria Bello and Michael Sheen, and then as a gun wielding NASA Scientist fighting alien robots in Michael Bay's third installment in the action-adventure film series "TRANSFORMERS: Dark of the Moon." And, earlier this year, O'Hare fetched big laughs as a detective chasing down wrestler Triple H in WWE Studios action-comedy film "The Chaperone."

His adaptability on-screen stems from his real-life experiences. Born and raised in Long Island, NY, O'Hare joined the Army as an Intel Analyst where he quickly excelled to Counter-Intel Agent. During that time, he was recruited to work on a Joint Task Force with the Department of Defense and while on a career path to work on clandestine operations, he began studying with an acting coach to aide in believability during undercover operations. Excited by this newfound skill, after completing his service in the military, O'Hare moved to Los Angeles to pursue a career in the entertainment industry.

O'Hare has created a career both in front of the camera and behind the scenes. As a performer, he has worked in numerous television, film and commercial projects, including: "How I Met Your Mother," "Lie To Me," "The Secret Life of the American Teenager," "Bones," and "24." On stage, O'Hare has spent two years training and performing regularly at I.O. West, the world-famous improv comedy club in Hollywood, and his group, *Kick Drum Decade*, won the 2008, 2009 & 2010 LA Improv Comedy Festival.

Realizing his interests lie well beyond the performing arena, O'Hare has worked in many aspects behind the scenes. He's been involved casting for film, television and commercials; instructed actors as a Teacher's Assistant for renowned acting coach Lesly Kahn, and crewed several independent projects. From there, it was a natural progression and just a matter of time before O'Hare started writing, producing and directing skits, short films and online content. He recently sold a spec commercial to major video retailer and he co-created and stars in the upcoming comedy web series "House Husbands."

### **BAD SAMPLE FULL LENGTH BIO:**

- Try not to repeat information
- Be consistent with your name; use either first or last, not both interchangeably
- Format credits exactly the same; either use quotes, capital letters, or italicize... just be consistent
- Contains spelling and grammatical errors
- Information that doesn't belong in a professional bio
- Overall, we don't get a sense of who this person is

## **DARREN O'HARE**

### **Biography**

Born & raised in Long Island, NY, O'Hare appeared in the film "The Chaperone" earlier this year and coming soon he'll appear in the drama "Beautiful Boy" and then the Michael Bay film "TRANSFORMERS: Dark of the Moon." Darrens worked in numnerous television, film and commercial projects including "*THE CHAPERONE*," "How I Met Your Mother," *Lie To Me*," Michael Bay's "Transformers: Dark of the Moon," *THE SECRET LIFE OF THE AMERICAN TEENAGER*, "Bones," "24," and "Beautiful Boy."

After college, the Long Island, NY native, joined the Army; and then moved to LA, to pursue a carreer in the entertainment industry. O'Hare has performed at I.O. West, the world-famous improv comedy club in Hollywood, and his group won the LA Improv Comedy Festival.

Hes been involved casting, coaching actors, and crewed several independent projects. He creates his own projects, including writing, producing and directing skits, shorts and online content. He recently sold a spec commercial and he co-created and stars in the upcoming web series. Darren likes pizza, drives a Smart Car, and enjoys hiking on the weekend.